



The Kiwordian Weekly Bulletin

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Kiwanis Club of Middlesex (London) Inc.

"Serving the Children of the World, one child, one community, at a time"

Year 44 No.27

19 April, 2018

Written by: Russ Gonder- Photos by: Jim Blair

www.middlesexkiwanis.org

Members & Spouses April Birthdays

26 Shirley Sutherland; 28 Jim Blair

Members & Spouses April Anniversaries

30 Crandall & Evadne Benson, Jim & Audrey Walker.

TODAY'S PROGRAM

Ninian Mellamphy Irish Immigration into southwestern Ontario

12 April 2018 MEETING NEWS

Attendance: Graham Laing reported visitor Bruce Lundgren
Welcome Back: Crandall and Evadne Benson, June and Russ Gonder, John Longworth.

Sing along: Ed Schweitzer led the sing along with Bruce Lundgren at the piano.

Sunshine Reports

John Longworth has returned from Florida and will be looking after the Sunshine reports and cards.

50/50 winner: Frank Smith

Program



Bob Curtis introduced our speaker, Brittany Webb, the Coordinator for Community Engagement with the London branch of Diabetes Canada. Brittany's presentation dealt with what diabetes is and prevention strategies.



Statistics indicate that one in three Canadians, approximately 11 million Canadians, have diabetes. The signs and symptoms of diabetes are: frequent urination, ongoing thirst, increase in weight, vision blurred, persistent tiredness, infection that do not heal. Comments solicited from the audience brought out some first hand descriptions of living with diabetes. It was noted that excess sugar consumption does not cause diabetes although it is a factor in its development. The three classifications of diabetes are: Type 1 that is about 10% of those effected and is insulin dependent, type two that is 90% of those effected and does not require insulin, and Gestational diabetes, a form that develops during pregnancy. Brittany concluded her presentation with a recommendation that persons interested in further information about diabetes visit their website.



Andre Cote thanked Brittany for her informative talk and presented her with a mini flashlight

www.diabetes.ca

DIRECTORS' REPORTS

Annual General Meeting

The club Board of Directors set the AGM Thursday May 10th, 10 am Kiwanis Senior Centre.

Missing Posters - Found

Jim Blair said the missing posters are in a box in the storage cabinet in a cardboard box.

Mission Services Collection

Ken Keith – April 26th collection for Mission Store. Donated items will be sold and the proceeds used for the work of Mission Services London. Suggested Items are clothing, appliances, glassware, linens (towels, blankets, etc), toys. All items should be in usable condition. Your donations are appreciated.

30th Anniversary St Thomas Golden K Club

This celebration will be held on Tuesday May 8th at the club's regular meeting place, Knox Presbyterian Church, 55 Hinks St. St Thomas. Time 9:30 am followed by a light lunch. Cost: \$10.00 each.

Donations to the Music Festival

If you can, please donate money to the Music Festival to help with administration costs. Give your cheques to Ken Whitby or Don Sutherland. A tax receipt will be given for each donation and your name will appear as a Donor in the program at the Festival of Stars Concert held in May.

Introducing and/or Thanking Speakers

Bob Curtis said if anybody would like to Introduce or thank our weekly speakers, contact him.

Legion of Honor Recognition

If you have a total of 25 years service as a Kiwanis member including membership in both this club and another Kiwanis Club, please tell Sandra Collier.

Sgt-at Arms David Harman

Greeters:

Apr 19 – Ken Whitby, John Wilkey

Apr 26 – Lee Wilson, Ken Ayling

May 05 – Norm Dinsmore, Paul Fish

Chesley Park Bingo

April 23 – George and Mary Jane Mudge

April 30 - Don Sutherland

Future Programs

April 26 – Russ Gonder – What’s new in Port Stanley.

EDUCATIONAL SPOT FOR April 19, 2018

Kiwanis helps kids around the world. Local clubs look out for our communities and the international organization takes on large-scale challenges, such as fighting disease and poverty. We are generous with our time. We are creative with our ideas. We are passionate about making a difference. And we have fun along the way.

KIWANIS CLUB OF MIDDLESEX (LDONON) INC. 2017-18 EXEC;UTIVE

Title	Name	E-mail	Phone
President	Sandra Collier	scollier1@sympatico.ca	519-471-0839
Past President	Millie Norry	millienorry@gmail.com	519-872-1943
President – Elect	George Mudge		519-439-5985
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Treasurer	Don Sutherland	donaldsutherland@sympatico.ca	519-474-1106
Associate Treasurer	Ken Whitby	kwhitby@rogers.com	519-641-8365
Chaplain	Rev. Doug Ross		519-681-8123

2017-18 CLUB DIRECTORS

Community Groups	George Mudge	519-439-5985
Fundraising & Investments	Jim Walker	519-667-9892
Membership Activities	David Harman	519-472-0898
Young Peoples Groups	Paul Fish	519-641-1653

**The Kiwanis Club of Middlesex (London) Inc. meets every Thursday at
Kiwanis Seniors Community Centre,
78 Riverside Drive, London, Ontario**

Coffee and Friendship at 9:00 AM; program from 10:00 AM to 11:30 AM

International President: James R. Rochford , Kiwanis Club of Peoria, Peoria Illinois, Governor Eastern Canada & Caribbean District: Robert Moo Young, Kiwanis Club of Montego-Freeport, Montego Bay, Jamaica, Division Four, Lieutenant Governor Doug McGregor, Kiwanis Club of Forest City London, London, ON



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