



**The Kiwordian Weekly Bulletin** winner of  
**The Ralph S Taylor Award for 2023-24**

**Kiwanis Club of Middlesex (London) Inc.**  
<https://middlesexkiwanis.org>

*"Serving the Children of the World, one child, one community, at a time"*

**Year 52 No. 21**

**11 June 2026**



**Written and Photos by Sandra Collier.**  
**The next issue of The Kiwordian will be**  
**Thursday 25<sup>th</sup> June, 2026.**

**We meet Thursday mornings at 10 am @ the**  
**Kiwanis Seniors Centre, 78 Riverside Dr. London ON**  
**PARKING IS FREE AT THE KIWANIS CENTRE**

**The next meeting of Middlesex Kiwanis will be Thursday,**  
**25<sup>th</sup> June 2026 along with Forest City @ The Kiwanis Seniors**  
**Centre**

**Members & Spouse June Birthdays**

**20 Ken Whitby, 24 Crandall Benson, 28 Anthony Mazereew, 30**  
**Biserka Mrzljak.**

**June Anniversaries**

**June 25 Gary and Elaine Duncan.**

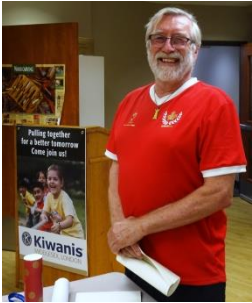
**Future Programs**

**Thursday June 25 – Middlesex Kiwanis will host this meeting at**  
**the Kiwanis Centre. @ 10 am. Guest speaker: Glen Pearson. Co-**  
**Director of the London Food Bank.**

**Beginning Thursday July 2<sup>nd</sup> and each Thursday at 9:30 am until**  
**Thursday 27 August. There will be informal gatherings for coffee**  
**& chat in the snack bar area of the Kiwanis Centre for any**  
**Kiwanian, former Kiwanian and/or friends or relatives of Kiwanis.**

Unfortunately this year the Kiwanis Centre has become very popular and there are no available rooms for us to meet in. **Monday July 27<sup>th</sup> BBQ.** This will take place at the home of Forest City President Brian McNichol. More details to follow when it is closer to July 27<sup>th</sup>.

### Program on 11 June 2026



**Tom Freisen** who was introduced by Biserka Mrzljak told us about his journey on the Camino de Santiago. He said the Spanish took COVID seriously so pilgrims didn't come to Spain as much of the country was only open certain hours. Preparing for the Camino de Santiago requires both endurance training and mental flexibility. It is important to practice on varied terrains e.g. paved roads, dirt paths and hills as well as carrying your backpack while training.

The Camino encourages deep introspection and thoughtful reflection during the walking journey through nature. Pilgrims experience spiritual renewal and personal growth through walking and immersion in natural surroundings. Pilgrims travel through varied terrains e.g. charming medieval towns. And historic churches which display religious and architectural heritage as well as local festivals and cuisine. Pilgrims often carry scallop shells as a recognizable symbol of their endurance and faith. At the left is a picture of one of the certificates Tom received for completing the Camino de Santiago pilgrimage. Carol Turnbull thanked Tom for his presentation.



**50/50 Draw** – winner Jim Scott from the Forest City London Club.

### Directors Reports & Club Activities

#### London Food Bank

**Grant Knox** suggests since Glen Pearson is our speaker on Thursday 25 June that we bring in non perishable food for the Food Bank. Grant said he will deliver the food donations to the London Food Bank.

## Club Leadership Education

Saturday 20 June to be held at Richards Memorial United Church 360 Edgeworth Ave London beginning at 8:30 am. Instructor is DG Jim Scott. Those from Middlesex who plan to attend are: Biserka Mrzljak, Millie Norry, Sandra Collier. This event is open to all Kiwanians so if anybody else would like to attend this meeting, please contact Millie Norry.

## Arts4AllKids

In an email Co-Director Karen Pincombe thanked Middlesex Kiwanis again for being a sponsor and told us they raised almost \$10,000 from their fundraiser on Sunday 24 May.

## Juke Box Bingo

Carol Turnbull announced she is hosting a Juke Box Bingo at Firerock in Komoka on Thursday July 30. Proceeds to go to the Pediatric Oncology Fundraiser at the London Health Sciences Centre. More details to follow.

## Christmas Cake Sales

Millie Norry announced she and Andre Cote have decided to co-direct Middlesex Kiwanis cake sales fundraiser. Venues and dates for the sales to be announced. Also products for sale will be determined when Millie and Andre see what the suppliers have for sale. This is a great fundraiser because those helping with the sales of produce can sit down for their entire shifts.

## Some Attendees at 11<sup>th</sup> June Kiwanis meeting



## Interclub

On Monday June 15 the following Middlesex Kiwanis members attended the weekly meeting of Forest City Kiwanis: Ken Brown, John Longworth, Biserka Mrzljak, Millie Norry, Ken Whitby.

## Sunshine Report

John Longworth and Sandra Collier both talked to Jim and Audrey Walker who are still enjoying living at Royalcliffe and the good weather has made it so they can get out more. John also talked to Tim Mayo who is enjoying being a member of the Codger social group who meet three times per week. Tim said his wife Carole is not well. Sandra also talked to Mary Jane Mudge who says she is very happy at Chesley Park and that she sees Donna Jamieson occasionally in the hall. Mary Jane also goes through the list of people who are still or were Kiwanis members when she was a Kiwanian and she asks how they are doing.

## Kiwanis Education June 11<sup>th</sup>, 2026

Kiwanis International's continuing service focus is called "Young Children: Priority One." This program seeks to serve the special needs of young children from prenatal development to age 5 in four areas: maternal and child health; child care and development; parent education and support; and safety programs and pediatric trauma care.

## MIDDLESEX (LONDON) INC. 2025-26

### Executive

Title	Name	E-mail	Phone
President & Membership	Carol Turnbull	<a href="mailto:carol@realestatelondon.com">carol@realestatelondon.com</a>	519-282-9075
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Secretary	Sandra Collier	<a href="mailto:scollier1@sympatico.ca">scollier1@sympatico.ca</a>	519-471-0839
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Associate Treasurer	Andre Cote	<a href="mailto:accote@execulink.com">accote@execulink.com</a>	519-686-9460
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### 2025-26 CLUB DIRECTORS

Lauralee Bushan-Jazey	519-630-6796
Bob Curtis	519-471-6793
Carol Jellous	519-641-6340
Grant Knox	519-473-8290
Karen Mazereeuw	519-872-1706

International President: Michael Mulhaul, Kiwanis Club of Greater Parsippany, Interlaken, New Jersey, USA. Governor Eastern Canada & Caribbean District:, Cynthia Blackman, Kiwanis Club of Pride of Barbados, Bridgetown, Barbados, Trustee of Region "A" Louise Macphee, Kiwanis Club of West Lorne, West Lorne, ON. Division Four, Lieutenant Governor Jim Patterson, Kiwanis Club of West Lorne, West Lorne, ON